

JACKET POTATOES

All our jacket potatoes are available Monday to Saturday lunchtimes, served with dressed salad.

Stilton, bacon and mushroom - £7.25

Baked beans and cheese - v £5.75

Cheese and coleslaw - v £5.75

Stilton and mushroom - v £6.25

Tuna, mayonnaise and onion - £6.25

Prawn with Marie Rose sauce - £7.75

Freshly made

DAILY SPECIALS

are always available ask us for more details.

Putting on our

SUNDAY BEST

We only use the best ingredients for our Sunday roasts – our roast joints are cooked to perfection and served with Yorkshire pudding, seasonal vegetables and crispy roast potatoes with a rich flavoursome gravy.

Sit back and let us do all the hard work...

BOOK NOW!

WEDNESDAYS PIZZA & PADDLE

enjoy any pizza and third pint
beer taster paddle for only £10.00

Terms and Conditions: Beer taster paddle valid only for Wadworth and cask ale products

GRAB A FEW FRIENDS AND
GET YOUR THINKING CAPS ON

QUIZ NIGHT EVERY SUNDAY 8PM

ABOUT US

Serving great home-cooked pub food every day with seasonal specials and gluten free dishes too, here at the Goat and Tricycle you can also enjoy a perfect pint of Wadworth's award winning real ale, delicious wine or perfect latte while you relax, chat or surf the internet with our free WiFi service. We proudly boast a huge range of hand pulled cask ales with up to 11 guest ales that change every 2 - 3 days, so there is always plenty of variety to choose from.

On Sundays our superb homemade roast is available all afternoon to enjoy with friends and family. There is always something going on at Bournemouth's best beer house!



www.goatandtricycle.co.uk



01202 314220

FOOD, ALLERGY AND INTOLERANCE INFORMATION

IF YOU HAVE A FOOD ALLERGY OR INTOLERANCE PLEASE LET US KNOW BEFORE ORDERING AND ASK FOR OUR ALLERGY MATRIX. Although we take all reasonable precautions to prevent cross contamination of allergens, this is not always possible as we handle and prepare a variety of open foods that contain allergens. **Our menu descriptions do not include all ingredients.** (v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association.



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GOAT & TRICYCLE

M E N U

STARTERS

Breaded garlic mushrooms - v £4.25
with blue cheese sauce

Chicken liver pâté - £6.25
served with a winter fruit chutney and warm toast

Bruschetta - v £4.50
with tomato salsa

Crispy whitebait - £6.25
on mixed leaves with lemon pepper mayonnaise

Wholetail scampi - £4.50
with dressed leaves and tartare sauce

Lamb kofte - £5.25
with cucumber, onion salad and mint dressing

SHARERS

Baked in the box Camembert - v £11.50
with rosemary and garlic, served with red onion marmalade and rustic bread

Classic cheese ploughman's - v £12.95
with a combination of Cheddar, Stilton and Brie with rustic bread, pickles, chutney and apple

Home-baked nachos - v £9.50
topped with salsa, sour cream, guacamole, jalapeños and cheese

SANDWICHES

All our sandwiches are available from Monday to Saturday lunchtimes, served with fries and dressed salad

Stilton and beef - £8.25

Fish fingers - £7.25
with gem lettuce and tartare sauce

Honey glazed Wiltshire ham - £6.75
and mustard

Houmous - vg £6.75
with rocket and flame roasted peppers

Tuna, mayonnaise and spring onion - £6.75

Mature Cheddar cheese - v £6.75
and spicy tomato chutney

Prawn with Marie Rose sauce - £8.25

MAIN COURSES

10oz British gammon steak - £11.95
served with a brace of free-range eggs, garden peas and chips

Butcher's faggots - £9.75 / £6.95
in a rich onion gravy on creamy mashed potatoes with seasonal greens

Pulled lamb shank shepherd's pie - £12.95
served with honey glazed carrots

Butcher's sausages - £10.50 / £7.95
on creamy mashed potatoes with seasonal vegetables and gravy

Fish of the day - £11.50 / £7.50
in a Wadworth 6X Gold beer batter served with chips, mushy peas, lemon and tartare sauce

Shepherdless pie - vg £10.50 / £7.50
of green lentils and vegetables in a rich tomato sauce topped with sweet potato and dill mash and a vegetable rösti

Homemade beef lasagne - £11.50 / £8.95
served with house salad and rustic garlic bread

Wholetail scampi - £10.50 / £7.50
served with chips, peas, tartare sauce and lemon

Pan-fried lambs liver - £12.50 / 7.95
with crispy bacon in a rich onion gravy served with seasonal greens and creamy mashed potatoes

BURGERS

6oz Beef burger - £10.50
on a toasted buttermilk bun with iceberg lettuce, cucumber and pepper relish, onion rings, dill pickle and served with fries

Butterflied chicken breast - £11.95
on a toasted buttermilk bun with bacon, cheese, lettuce and tomato served with chips and onion rings

PIZZA

Enjoy one of our stone-baked pizzas ... choose from the following

Mozzarella - v £9.95
with slow roasted tomato and basil pesto

Pepperoni hot - £10.95
with pepperoni, jalapeños and mozzarella

Fajita - £12.50
with chicken, peppers and fajita spices

SIDES

Cauliflower cheese - v £4.00

Cheesy chips - v £4.00

Cheesy fries - v £4.00

Cheesy garlic bread - v £4.50

Chips - v £3.00

Fries - v £3.00

Sweet potato fries - v £3.50

House salad - v £3.25

Seasonal greens - v £3.25

Wadworth 6X Gold battered onion rings - v £3.25

DESSERTS

All at £5.50

Choose 3 scoops from our selection of dairy ice-cream and sorbet - v
please ask us for more details

Apple and blackberry crumble - v
served with custard

Classic bread and butter pudding - v
served with custard

Crème brûlée - v
served with a flapjack

Treacle sponge - v
served with custard

Lemon and orange syrup sponge pudding - v
served with crème fraîche

FANCY A BREW?

Americano - £2.75

Flat white - £3.00

Cappuccino - £3.00

Latte - £3.00

Espresso - £2.50

Double espresso - £3.00

Mocha - £3.25

Hot chocolate - £3.25

Pot of tea - £2.75

Speciality tea - £2.90

**FOOD, ALLERGY AND
INTOLERANCE INFORMATION**
PLEASE SEE OVERLEAF OR ASK A TEAM MEMBER